

Name \_\_\_\_\_

Date \_\_\_\_\_

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**Personal Responsibility Self Assessment & Goal Setting**

	Never	Sometimes	Mostly	Always	
My school bag, gym bag, lunch and anything else I need for school is packed and ready before I go to bed.					
I get plenty of sleep on school nights. I am in bed, lights out, computer off, tv off- before 10:00pm.					
I eat breakfast in the morning.					
I have a homework routine. This means that I do my homework at the same time/ in the same way each day. There is a specific place I do my homework.					
I return any parent/ guardian signatures the next day.					
I am on time for school every day.					
I am in school every day.					
I am in class all day. I leave the classroom for the lav or nurse fewer than 3 times each day.					
I use my resources in the morning and listen well. I set up my "pile" correctly and do not have to return to my locker during the school day because I forgot something.					
I have my homework when it is due.					
I listen well, follow directions and ask good questions in class, when it is appropriate. I feel like I know what I am supposed to be doing.					
In a small group, I help keep the group on task.					
I record all of my assignments in my agenda.					
I have <b>all</b> of the required school supplies; notebooks, folders, pens and pencils and books each day.					
All of the papers in my folders are tucked into the pockets. There are no loose papers sticking out or in danger of falling out.					
My papers are filed into the correct folders. The only papers in my math folder are math papers...					

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